AWH SCHEDULE							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00		Wake/Vitals					
6:30	Wake/Vitals	Spirituality Group	Wake/Vitals	Wake/Vitals	Wake/Vitals		
7:00							
7:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
8:00	Art Therapy	Individual Appointments	Mindfulness Group	Individual Appointments	Individual Appointments	Wake/Vitals	Wake/Vitals
8:30							
9:00			Individual Appointments	Group Therapy		Breakfast	Breakfast
9:30	Snack	Snack					
10:00	Group Therapy	Individual Appointments	Snack	Snack	Snack		Worship
10:30			Group Therapy	DBT Group	Pass Planning		Service
11:00						Multifamily Group Therapy and Lunch	Attendance
11:30	Individual Appointments	Individual Appointments	Yoga	Yoga			(Optional)
12:00							
12:30	Lunch	Lunch	Lunch	Lunch	Lunch		Lunch
1:00							
1:30	DBT Group Therapy	Individual Appointments	Community Meeting	Body Image Group	Group Therapy		
2:00							
2:30							
3:00	Snack	Snack	Snack	Snack	Snack	Snack	Snack
3:30	Cooking Group	Group Therapy	Individual Appointments	Individual Appointments	Nutrition Group		
4:00							
4:30		Music Therapy			Cooking Group		Group Therapy
5:00							
5:30	Dinner	Dinner	Dinner	Multifamily Dinner & Group Therapy	Dinner	Dinner	
6:00							Dinner
6:30	Horticulture Therapy	Free Time	Free Time		Free Time	Free Time	
7:00							Free Time
7:30			Movie Night				
8:00							
8:30	Snack	Snack	Snack	Snack	Snack	Snack	Snack
9:00							
9:30							
10:00	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime